

A FEW MINUTES WITH...

Kathleen Milner

In a worrying New Year, everyone needs a psychic who talks to angels. The good news: Darkness is leaving the planet.

Do all people have some sort of psychic ability?

“Oh, yes. To get through life. To know which path to take. Most people are just kind of lost. They just don’t know. But when you start to develop this, you start to get gut feelings, you start to feel in your heart where it is that you’re supposed to be going, what God has intended. God doesn’t talk to us like, ‘blah, blah, blah.’ We get these signs, but you’ve got to be clear enough and open enough to feel and to experience the world around us and be aware of all those signs.”

How did you realize you were psychic?

“I was born with natural abilities. I could speak to the angels and see the angels, but my parents, they did not approve of this. If you get put down enough, pretty soon you start to shut down. But things always kept happening to me. I would hear something, or I would know something or I would see something. It was very, very confusing.”

If it’s not genetic then, is it something you can train for or something you just have?

“It’s interesting. I found out later in my life that both my parents were incredibly psychic. That’s why I think they were so hard on me. If it was difficult for me to be psychic and a healer, just think about how difficult it was for them.

“I think part of it can be inherited. There are people who have grandmothers who are very psychic and they’re psychic, but you can also train to be psychic. The best way to train to be psychic is to meditate.”

How does spiritual healing work?

“I do it in a number of ways. Basically, I just put my hands on people. I’m just the garden hose. I’m not giving away my energy. All healing comes from God. It comes through me and into the person.

“Usually, I start at the head of the humerus. I just put my hands there, and it’s a touch point for the mental body. I have people release all their mental torture chambers, their worries. This is the stuff that makes us ill. Then, I work on their emotions.



How quickly does it work?

"People have come and they've had a miracle happen in 20 minutes. Other people come to me eight times. I'm not in charge. People don't understand that sometimes."

Can animals be psychic?

"Oh, yes. Animals are probably oftentimes more psychic than people. They've got souls."

Have you ever received a psychic message you didn't wish to deliver?

"One time I was working on this man. I kept getting a message to tell him. He had just been divorced. I was supposed to tell him that just because he loves somebody doesn't mean that he should marry her. I go in my head and I'm telling these angels I don't want to tell him this. They keep going, 'You've got to tell him this. You've got to tell him this.' So, finally I say, 'All right, I will tell him.' So I tell him and he whips around and looks at me and he says, 'That's exactly what I needed to hear.'"

"Sometimes when I'm doing the readings I'll see negative things happen. I will tell people about it because I do try to help them work through it. Granted, this world is not just lollipops and sugar plums. We all have challenges that come up. It's how



Come and meet Lacie at our new storefront in Aberdeen. We'd love to meet you too!

—Richard and Susan Lapato



interior design in all styles *including* contemporary
furniture • draperies • window blinds • accessories • carpet & area rugs

www.lapatoid.com

104 W. Main Street • Aberdeen • (910) 783.7380

On Stage
Presents
**One Weekend!
Five Shows Only!**

42ND STREET

*Music by Harry Warren • Lyrics by Al Dubin
Book by Michael Stewart & Mark Bramble*

**Directed by Melvin J. Tunstall • Choreography by Gary Taylor
Musical Direction by Steven J. Menendez**

January 28 - February 1, 2009

**Wednesday, Jan. 28 - Saturday, Jan. 31 @ 7:30 p.m.
Sunday, Feb. 1 @ 2:00 p.m.**

**At Owens Auditorium • Sandhills Community College
Tickets: \$20 Adults • \$12 Students (18 & under)**

Sponsored by
Boles Funeral Home &
Crematory
and
Dogwood Dental
Associates

Reservations 910.692.7118



42nd Street is presented through special arrangement with
Tams-Witmark Music Library, Inc., 560 Lexington Avenue, New York, NY 10022

PHOTOGRAPH BY
SAYER PHOTOGRAPHY



MOVIE

**250 NW Broad St.
Southern Pines • 692-3611
www.sunrisetheater.com**

January Event Schedule
Evening \$7.00, Matinee \$6.00
Children under 12 - \$5.00
Weekdays at 7:30
Sat. & Sun. at 2:30 & 7:30

THE DUCHESS
January 1-5
Drama • PG-13 • 1 hr 45 min.
Starring: Keira Knightley, Ralph Fiennes. A vibrant beauty is trapped in an unhappy triangle with her husband and his live-in mistress.



NOBEL SON
January 8-12
Comedy, Drama • R • 110 min.
Directed by Randall Miller (BOTTLE SHOCK), NOBEL SON is a venomous tale of familial dysfunction, lust, betrayal and ultimately revenge.



FROZEN RIVER
January 15-19
Drama • R • 1 hr 36 min.
Courtney Hunt's feature directorial debut FROZEN RIVER is a powerfully unflinching tale of two women, who, driven by economic hardship, form an unlikely partnership smuggling illegal immigrants across the Canadian border.



THE BOY IN THE STRIPED PAJAMAS
January 22-26
Drama • PG-13 • 94 mins
A wrenching Holocaust story about a young German boy and his forbidden friendship with a Jewish child.



CONCERT: RAISING THE ROOF 8
January 31, 2009 • 7:30 pm
Reserved seating only, \$25.00
Tickets are available online at www.sunrisetheater.com and at the Sunrise Theater office

we handle them that matters.”

Mind using your abilities to help us through some key issues of the day?

“Sure, I’ll play along.”

Let’s start with an easy one. Who dies first, Paul or Ringo?

[Kathleen takes out a deck of tarot cards.]

“I like to do the cards because they get me out of my expectations because I would like everybody to be well and happy. Usually they don’t tell me about death, but that’s OK. Neither one of them looks too healthy.

“I did this for one woman, she wanted to know over a year ago if Hillary Clinton was going to be the Democratic nominee. I said, ‘Well, we have to do one for someone else too so I have a comparison. How about Barack?’ The end card for Hillary was a woman crying. The end card for Barack Obama was the Sun. I said, ‘I would go so far as to say he’s not only going to be the Democratic nominee, but also the next president.’”

[Dealing for Paul first, a card with a woman on it comes out upside down.]

“I think this has to do with his divorce. If you look through this deck, these cards are all right-side up. I think he’s still having problems with his former wife. But it looks good. The end result for him is the King of Pentacles. He’s still got stuff to work out. I think that’s why he’s still going to be around. Nothing awful. He’s holding on to life. And he may even have another woman in his life right now.”

[Dealing for Ringo.]

“He’s going to go first. He’s going to have problems. He doesn’t have the credibility that Paul has. I think he actually thinks of himself as having a very good heart. He may do charity work that nobody knows about. I would say there’s conflict in him. I think he would have liked to have been Paul. Remembering now, he said they were doing so many drugs, he hardly remembers those years. What a waste.

“If I had to put money on it, I would — well, it’s not a very nice thing to do — but I’d put it on Paul living longer.”

Has Barack Obama quit smoking, and will it stick?

[She deals for Obama.]

“I know his princess wants him to. Whether he will, I don’t know. He’s going to be under a lot of stress. He’s not going to show it. He’s going to put a good face on this. But he’s inheriting a mess. There isn’t anybody on this planet who thinks that he’s not. There’s going to be a lot of disruption.

A lot of disruption. He and his wife actually have a very, very good relationship.”

You see that in the cards?

“Yes, here she is, she’s a very fiery person. Here’s their relationship. He wants to do it for her. She wants him to do it because she wants him to be well. But it’s very, very difficult. He needs help if he wants to do this. Look at this stress.”

[She points to a card of a temple on fire.]

That looks like the capital building. Is Washington in trouble?

“It’s going to be very, very stressful. All these special-interest groups are losing a golden goose.”

That sounds scary. Can Barack Obama do anything to save Washington or quit smoking?

“This is very unclear. He needs help to do this.”

Could you help him?

“If he asks. (Laughs.) I’ve actually helped two local people quit. He’s got a lot of support though. He’s picked some good people. He’s got the support of the American people, too.”

Do you worry that with Dick Cheney leaving office there will be less need for spiritual healing?

“I don’t worry about anything. Waste of time. But let’s just see if my business is going to be affected. Actually, I’m going to have a lot of work to do. This is Victory, so this reading for me is actually very, very good. I’m going to feel like I’m overworked. I think everybody at this point is getting their karma back. What people have been putting out, it’s coming back. Good, bad or indifferent, it’s coming back to people. The energy on this planet is changing. We really are going into a new era. When this transition is over, we’re going into a golden age.”

Can you tell me when the recession will be over?

“We won’t do the cards for this. This time period of disruption can be as long and as violent or as easy as we choose to make it. I would say, in about 16 months, things are going to be really dramatically different. I can feel the darkness leaving this planet. It’s lighter out there, there’s more joy. It’s all coming up to the surface for us to look at.”

So does that mean I can finally stop worrying?

“If people are doing work they love, money, love and everything else will follow.”
— Matthew Moriarty PS